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Congressional Report:

MODERN FOCUS-CONCEPTION IN THE DAILY PRACTICE

- A report on the 36th Yearly Conference of the German Medical Working Association for Focus and Regulatory Research (DAH), from April 25 to April 28, 1985 in Bad Nauheim. -

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Regulatory disturbances in the sense of a focus- or disturbance-field-stress are nowadays no longer limited to clinical and X-ray reports for their comprehensibility. Our environment has become more complicated. We are exposed to numerous toxins which stress our system according to its constitution. Among these are:

heavy metals stresses

toxic environments

preservatives and fertilizers

insecticides, but also

metals intoxications and foci.

All may lead to chronic illnesses, which frequently resist clinical diagnosis and therapy, because they are not graspable with reductionistic methods. Only someone who can think in biological dimensions and is capable of using appropriate testing methods can sensitively enter into its problematic.

This year's Yearly Conference stood under the general theme, "Regulatory Systems - Regulatory Therapy." Thus, a number of different

possibilities for establishing the regulatory capacity of our patients have been introduced, such as: the Biofunctions Diagnostic, Neural-Therapy, Decoderdermography, Thermo Regulatory Diagnostic, and the Leucocytes Test according to Pischinger.

Chairwoman, Dr. G. Draczynski opened the Conference, greeting guests and members, which were predominantly from the Republic but also quite numerously from surrounding countries.

First spoke Prof. Heine from Herdecke about the BASAL MEMBRANE, that suture line between connective tissue and epithelial covering. It is very difficult to do research about this membrane because the reductionistic medicine does not allow for functions-observations.

✓ The Basal Membrane, only 1 micron thick, lies between the organ cells and the connective tissue, and it has to regulate the exchange of oxygen and nutrients. This maintenance is directed by rhythmic processes, however, the rhythm between the connective tissue and the organ cells is generally different. The main task of the Basal Membrane is to equalize these differing rhythms. Thus, the regulatory capacity of the tissue depends on the quality of this rhythm-equalization. The destruction of the Basal Membrane leads to illness of the organ or to the peeling of the epidermis.

The Basal Membrane, however, may also act as a filter in inflammations because it protects the organ cell from damaging substances. The significance of the Basal Membrane is clearly shown by the fact that the epithelia in the intestines are regularly renewed in about 15 hours, if the Basal Membrane is highly functional.

In the kidneys, the Basal Membrane filters the primary urine and thus is responsible for the occurrence of auto-immune-illnesses. The joint-caverns are a peculiarity within the organism. There, the

epithelium surrounding the synovia is not surrounded by a Basal Membrane. Thus, a certain pump effect during movements is to effect a better supply for the joints. But, as a side-effect, this makes possible an unobstructed infiltration of metabolites and waste products into the joint. Because this effect becomes amplified by inflammations and focal stresses of the organism, the joint cartilage and joint capsulae<sup>are</sup> frequently the first start for arthritic and rheumatic illness symptoms.

Building upon this introductory lecture, Dr. G. Draczynski demonstrated the FUNCTION OF THE BASAL REGULATORY SYSTEM. She showed first that the concept of "focus" had undergone a change meanwhile. Formerly, a focus was a local manifestation, such as sick tonsils or teeth, but nowadays one sees in a focus a much subtler and morphologically no longer graspable happening, which plays out in the Basal Regulatory System.

This Basal Regulatory System is the nutritional medium for the cell. When there is dysregulation, the nutritional medium for the organ-cell is disturbed, which again causes a disturbance of the cellular functions. Because in the Basal Regulatory System manifold regulatory processes happen (ions-, water-, sugar-, protein household and temperature-regulation), there can be no life without a functional Basal Regulatory System.

For any focus-therapy it is important to recognize the dynamic of the Basal Regulatory System, and to observe it. Thus, the Basal Regulatory System becomes the carrier for a focal stress, because:

- foci lie in the Basal Regulatory System
- foci are stresses which cannot be metabolized (disintegrated?)
- foci change the reaction of the organism

- foci become again influenced through the regulatory capacity of the organism.

Summary: Foci are never single appearances and focal therapy is an individual therapy. Though in past focal therapy, sanitization through removal of visible or graspable foci sufficed, today's therapy has become much more complex. Today, additional stresses through antibiotics, environmental toxins (heavy metals, insecticides, preservatives) are to be observed, all of which stress the Basal Regulatory System. Thus, in the course of focal therapy, a therapy of the Basal Regulatory System must also always be carried out.

The significance of environmental stresses in the course of therapy for chronic illnesses was shown by the speaker who concluded her elaborations with the statement that environmental stresses in many cases have won the same place value as classical foci.

BIOLOGIC REGULATIONS, as furnished by a functional basal regulatory system, require DNA (Desoxyribonucleic acid) for a switch, as Prof. Nagel elaborated in his subsequent lecture. Again, DNA is a building block for genes which, in their totality, form the genome. According to arrangement of gene and DNA, the speaker differentiated various kinds of genomes, which, with their functions-capacity are also responsible for the regulation of processes in the organism.

Prof. Wagner of the Work-Circle for Research and Teaching of Experience Medicine at the University of Munich introduced naturalistic methods to prove the effectiveness of Phytoterapeutica, speaking on the theme of Immune Modulation through Phytoterapeutica.

First, Wagner dealt with the fact that some patients are not curable by chemotherapy, because they are weakened from viral stresses,

tumors, resistant bacterial strains and other stresses, or because they have developed immune deficits due to environmental toxins, pleasure-poisons, but also iqtrogenic toxins (pharmaca). To eliminate these regulatory weaknesses, the so-called "Ulterants" are used, of which about 130 are listed in the Red List. Among these are Phytotherapeutica and Homeotherapeutica. But also preparations for non-specific hightening of the immune-efficiency are in this category, e.g. herbal remedies. Their indication is broadly-fanned, from the prophylaxis and therapy for infections via the activation of intrinsic defenses and as an adjuvant in auto-immune disturbances. While a specific stimulation by serum or inoculation always only concerns one type of infection, an immune-stimulation is always non-specific and not oriented toward the defense for a particular pathogen or toxin.

As a Natural Scientist, Prof. Wagner concerned himself with the proof for the effectiveness of the Phytotherapeutica. He tested single constituents on healthy and sick people over 4-5 years.

In what parameters can the effectiveness of such a remedy be measured? It was decided to examine macro- and microphages, T-Lymphozites and Granulozytes, and<sup>he</sup> chose for a method the Bioluminiscence through measuring the released oxygen.

The result showed that Echinacea has a very strong phagozytotic effect and that it is very effectual with tumor cells! Echinacea activates the intrinsic defenses, slows the virus growth, causes a Phagozytosis, an increase in leucozytes and fibroblasts.

Interesting was the finding that a complex preparation, such as Gripp-Heel, does not decline in its effect (preparations of various production years have been tested), that it has better effects when

potentized, rather than thinned, and that the effect depends on the dosage.

Comparison tests with placebos showed distinctly different effects from the preparations and the placebos. Therewith, at last, the effect of homeopathic remedies has been proven from a natural science perspective!

While the first day was dedicated to the fundamental considerations concerning regulatory capacities of the organism, on the second day specific test methods for the research on the Regulatory Mechanisms was on the agenda. Dr. Perger and Dr. Bergsmann first introduced the PATHOLOGY OF THE CONTROL SYSTEM AS THE PREPARATION FOR THE (PRECONDITION) REGULATION THERAPY.

Control Systems determine all functions in the human organism. All All control systems are inter-dependent (inter-connected) so that one can speak of a netted or looped control system of the organism. If one of these systems is out of order, then the others also become disturbed. This, again, can cause a disturbance of the total organism and may lead to a chronic illness. According to the reactions situation in an individual, only a few germs suffice for the release of a defense mechanism (= control system trigger). E.G., in a healthy person there are 500,000 germs needed, and for a sick person 50,000 in order to trigger the defense mechanism. But not only germs but also heavy metals can altogether inhibit the defense system, by interrupting the intake of oxygen and provoking further metabolic disturbances. A lack of zinc, for instance, retards the metabolism and leads through a shortage of intestinal bacteria to resorptions disturbances.

Also psychic irritations (stresses) lead to the release of the control mechanism. Interesting was the statement that totally different irritants (stresses) in the ground system may lead to identical reactions in the sense of changes in the water- and electrolyte-management and other metabolic processes.

Also Bergmann came to the conviction that the task of focus-research has changed from what it used to be. Formerly it consisted in the defense against septic processes, but today the activation of the immune-situation and regulatory therapy are in the foreground, beside the elimination of deficiencies and the removal of heavy metals stresses. But even with that, not all problems are solved. One has to continue researching. Nowadays, there are also stresses due to CO<sub>2</sub>; the construction biology gives us problems; and, not the least, local problems through geopathic influences are to be solved.

Although our knowledge has widened considerably in recent years, we are still not able to help every patient effectively.

Dr. Bergsmann see the control system as a sensomotoric track which is, however, not to be understood as a one-way road but always as a flowing traffic or as mutual relationship. One cannot imagine the effect of a focus in a too comprehensive way. Focal stresses not only disturb the function but they also have influence on the senses and psyche. Also stresses due to weather changes (barometer readings) are explainable as control system disturbances. But one must not look at such control systems thinking mechanically, because even regulatory disturbances again depend on a rhythm and are influenced by the time of day or year. Therefore, in all regulatory examinations there is the time of day to be listed in the records.

Dr. Tuerk from Bad-Pyrmont presented the standpoint that the existence of foci cannot be argued, but that the result of focus therapy must be provable. He recommends not to apply immediate sanitizations but to, first, control the control-system-mechanism and for that purpose to apply electrical and serologic tests. But he allows for the fact that there is not always agreement between the LEUCOCYTES TEST on the one hand and the BFD-MEASURING and the DECODER on the other hand. Dr. Tuerk demonstrated the results of a computer-evaluation and came to the conviction that the leucocytes-  
test limps behind the manifest condition. He recommends the use of the so-called Blood-preparations of Wala and the Bone-marrow-preparations of Theurer. In the discussion, Dr. Tuerk mentioned that the leucocytes-test gives clues for the appropriate time for sanitization.

Dr. Kramer from Nuernberg reported about a NEW TYPE DECODER CONTROL CORRESPONDING TO THE MERIDIAN COURSE, the so-called body-decoder. In his basic elaborations about the decoder it was first stated that the establishment of the decoder picture may be delegated but not manipulated and that it gives information about the regulatory condition of the patient. The referent recommended not to apply therapy in cases of regulatory rigidity. But the decoder is said to be an important aid in therapy-control. Its new-type measuring arrangement was described by Dr. Kramer as body-decoder. In this system, the measuring happens along the meridian-course, proceeding from the consideration that every meridian reaches the reflex-zone of its specific organ. The electrodes are placed according to the division "small and large Ying and Yang". The thusly won decoder-picture differentiates, therefore, not according to body areas but



according to organ-groups.

The lecture following was by Dr. Lieb from Augsburg on the AURICOVASAL REFLEX (Nogier-Reflex). The foundation for this therapy is the understanding that somatotopies of all organs (by Nogier) are found on the ear, and that vegetative, autonomous signals cause pathologic changes in these points. Therefore, it is possible to also make a medications-test there. The correct medication in the hand effects a value-improvement on the ear.

Leib also observed that the Nogier-Reflex also gives information about disturbance-fields. If a neuro-therapeutic injection with Impletol is made there, the regulatory improvement can be noticed in the decoder.

Metals toxicities can also be measured on the ear; moreover, they stress the lymphatic system and through it the organism permanently, and lead to dam-ups in tongue and gums.

The Auriculotherapy is suitable for the practice, because it stimulates the neurovegetative reflexes via the auricle and it may be controlled via the pulse.

According to Dosch, the NEURALTHERAPY is also a REGULATIONS THERAPY, which has effects beyond the place of application. Through neural-therapeutic actions, pain may be cut off in distant lying organs. If these pain cut-offs last only a short time, then there is a disturbance-field which must be removed. According to Adler, 80% of all disturbance-fields can be found in the area of the trigeminus. However, it was allowed that, through the multi-focal stresses of our environments, there is nowadays only rarely a seconds - phenomenon released. Further, details of five healings were reported, due to dental sanitizations.

Dr. Eder from Graz reported about a REGULATORY TREATMENT BY MANUAL THERAPY in disturbances of the movements apparatus. He presented the standpoint that the functional disturbance is the beginning of every pathologic chain. He pointed out the interlooping of all control systems, which causes effects transcending all segmentation. Impressively he described that practically all irritants (stresses) such as foci, psyche, business, geopathy, environment, etc. can cause functional disturbances. His therapy depends on the insights based on anamnesis and medical reports. It leads in acute cases to diminishing stress, and in chronic cases to settling the stress.

The third day began with a lecture by Frau Dr. Schaefer about BIOELECTRONIC FUNCTIONS DIAGNOSIS AND -THERAPY. Bioelectronic functions-diagnosis (BFD) is visually presentable by a graphical chart. The values above the middle-line are stress-values, those below are degenerative-values. This diagnosis is supplemented with a decoder-dermogram, in which a Nativstrong (native-current?), that is a negative and a positive impulse of 10 Hertz, leads to certain characteristic curves.

As BFD and Decoderdermograms, the Thermoregulationsdiagnosis also is measured via the skin. Prof. Heim from Heidelberg introduced the so-called HEIDELBERG MODEL OF THE THERMO REGULATIONS DIAGNOSIS. It is welcome that here a process of naturalist healing is analyzed and practiced within a clinical system. Heim allows for the fact that the morphologic diagnosis in the clinic no longer suffices and that regulatory diagnosis is also required.

The specialty in the Heidelberg Method is the infra-red-radiations-measuring, which makes the heat-pattern of the skin via a comparison-

tabulator measurable and compare-able. This process works without skin contact. Certain measuring locations are directly identified with the organs. The relevance happens via the reflex-zones. However, this does not suffice for the explanation of all appearances. For that, it is sometimes necessary to include the meridians and functions-circuits of Chinese acupuncture. Chinese meridians are longitudinal, while the reflex-zones run horizontally. Here, too, by means of bar-graphics a very descriptive picture is gained about the measuring results. One divides into warm and cold values and, thus, obtains pointers about the general condition, vegetative disturbances, dysbioses, one-sided stresses, but also psychosomatic influences and focal happenings.

The worst value thus far measured by the Institute through this method, was with a patient damaged by amalgam, and one with zinc toxicity, who had been described as a simulant by another clinic. The diagnostic value is shown by the fact that, e.g. after the removal of the silver-amalgam fillings the dermogram was decisively improved. It was also pointed out that the amalgam imbedded in the organism, which could not be removed, caused again and again acute attacks.

After this technically highly-developed measuring method, there came again a manual diagnosis, presented by Frau Dr. Bergsmann who can control every step in therapy via the PALPATION OF REFLECTED DISEASE SYMPTOMS. Through contact with the patient one obtains information about his muscular tonus, the quality of the subcutis, but also about the trigger-points and -geloses. This referent especially pointed to the Adlerschen <sup>Reflex</sup> ~~pressure~~ points for the jaws ~~and~~, ~~on the~~ (upper jaw and lower jaw) and tonsils, and naturally to

the jaw-joint, where she frequently observes swellings and changes. The disturbance-field ear projects frequently onto the mastoid. Psycho-pharmaca make the skin loose and indifferent. Generally, the musculature responds to a stress with tension-pain. If this palpation is but a part of a total inspection, it still makes many another examination unnecessary.

ACUPUNCTURE AS REGULATIONS THERAPY was treated by Dr. Ahrens from Duesseldorf. He too sees mutual relations between acupuncture points and organs, which become documented through the changeful painfulness of reference-points. The acupuncture points cannot be portrayed histologically, rather, these insights are based on experiential knowledge. The referent reports about a feeling of warmth, which continues via certain tracks when certain points are pricked. These tracks are called meridians; the Chinese called them canals. For these, too, there is no anatomic report. The acupuncture points are openings in the meridians. In acute illnesses, distant points are used, which sometimes leads to a spontaneous lowering of pain.

Beside the therapy, anaesthesia through acupuncture is a special function. Even if no sufficient anaesthesia is accomplished, yet a strong reduction of medication is frequently possible with acupuncture. In an expedition through the history of acupuncture, the speaker unveloped the history, beginning with the medicine-of-the-ancients, via the medicine-of-demons, which is retained to this day in Moxa. In conclusion, the speaker mentioned that acupuncture is but a portion of today's possible therapies, and appealed to communality of the various specialties in order to help the patient through united

efforts.

Regulation depends not only on the health condition of the patient but also his constitution. Dr. Huebner of Wildberg reported on just this fact in his lecture on "CONSTITUTIONAL REMEDIES". He referred to Hahnemann, who in spite of greatest scientific precision was not always able to reach a healing. He (Hahnemann) saw this problem not only caused by the illness but in a deeper evil, the "Psora". Although the Hahnemannsche Psora (scabies) is no longer any problem, yet the thought of Psora is still or again topical, particularly since we do not yet know the causes for many illnesses that are chronic. This becomes especially clear, when we ask ourselves, why someone becomes victim to cancer and others not. Five causes for chronic diseases are quoted:

1. the individual constitution
- 2) geopathogenic location factors
3. foci and disturbance-field stresses
- 4) exogenic poisons (toxicities)
- 5) psychic disturbances.

Huebner sees the constitution as the most important factor. Constitution is the capacity of the organism to resist unfavorable influences. It is well known that certain constitutional types also tend toward certain illnesses. Huebner sees in the nosode Psorium an important indicator for the detoxification capacity of a patient. With successful detoxification the Psorium-value changes. In spite of the most scientifically constructed testing method, Dr. Huebner came to the conviction that his own testing results are also only reports but are no diagnoses. Concluding, Huebner gave some hints for the practice:

A gum ostitis can be treated with Carbo vegetabilis.

Medorrhinum is a local remedy, Apis with left-turning and Formica with right-turning stress.

Fungi grow in left-turning zones and bacteria in right-turning ones. Cardiospermum works well in diphtheria and heart ailment; for heart pain after flu, Diphtherinum was recommended.

Cardiospermum has a very broad effective range. It is to be used in Trigemini-neuralgia, tuberculosis, but also with diphtheria with Trigemini-heart-kidney stresses, and not the least, it desensitizes skin and mucous membrane.

Additionally, Huebner touched on the environmental stresses, especially Cadmium. Cadmium leads to strong degenerative processes and gets stored up beside Zinc in the pancreas, liver and kidney; but also for plainer illnesses Huebner had good advice. E.g. he recommended Millefolium D2 to be taken for some time to relieve hay fever.

The final day was reserved for focal stresses from the tooth-, mouth-, and gum-areas:

Frau Dr. Koetz showed NEURAL-THERAPEUTIC SUCCESSES FROM THE DENTAL PRACTICE. E.g. the removal of a walking impediment through neural therapy on an upper incisor, or the removal of seeing-disturbances through neural-therapeutic injections on upper molars and treatment with Elpimed; also a shoulder-arm-syndrome has been removed through a neural-therapeutic action on a lower # 3 or 4 by a seconds-phenomenon. The referent recommends for after-treatment to administer Impletol and Elpimed alternatingly.

Dr. Lechner of Munich gave a very impressive report about his

operations for chronic gum-ostitis. Through filling in of contrast-substances in the operations-cave involving chronic ostitides Dr. Lechner demonstrated what size the softened areas in gum-bone can reach. It was very convincing even to doubters of the method to see the extent of this happening so drastically presented. (In connection, see the referat of Dr. Lechner on pag. 15, this issue).

Dr. Gleditsch from Munich understands the ORAL MUCOUS MEMBRANE by his ORAL ACUPUNCTURE, palpatorically. Measurements are not possible in this method. Dr. Gleditsch brought an impressive presentation showing that the transits between dentogenic, sinugenic and tonsillogenic foci is fluid - nearly all have effects on the spine in the neck! He deals with these disturbances therapeutically by Quaddels (?) directly in the place of the happening (just where it hurts!), but also via distant points, which he usually finds in the retro-molar area.

Thus, for 3½ days there was advanced education in the morning by lectures, and in the afternoon the opened themes were deepened in the seminars. One got to know each other, and as always in such congresses, personal contacts were fortified.

As a mentionable happening on the edge of the Congress: Prof. Knolle, leader of the dental symposium about amalgam, partly also participated as an interested listener to the programs and attempted to acquaint himself to the topic of focus-diagnosis. But he missed a most interesting case of extreme amalgam-stess, which was tested by Prof. Heim with Thermography. That would surely have stirred him on to re-evaluate! Yet, in his visit we see the beginning of new understanding between the competing parties. We hope it will soon come to a concensus. Bad Nauheim surely remains a good memory for participants: excellent Congress, pleasant atmosphere - not easily forgotten.