



**MATRIX REFLEX TESTING**      **BASIC COURSE**

**MRT**

**2019**

**COURSE 1 – Sat., April 6**

**COURSE 2 – Sat., May 11**

**IN BEAUTIFUL AUSTIN, TEXAS**

**WITH DR. LOUISA L. WILLIAMS**

# ABOUT THE MRT WORKSHOP

## IS THIS WORKSHOP FOR YOU?

- If you already use kinesiology or another testing method, incorporate the Matrix Reflex Testing (MRT) test to use as a “second opinion” to your findings, as well as a back-up technique on your difficult-to-test patients.
- Or if you are new to energetic testing, adding this relatively simple-to-learn method to your practice will significantly enhance your diagnostic skills and treatment effectiveness.
- The MRT testing method is an excellent tool for holistic physicians (ND, DC, DO, MD), holistic dental physicians (DDS), and holistic practitioners (L.Ac., PT's, Nutritionists, etc.) - as well as students still in these healing arts' schools.

**MRT** is a relatively new method which measures the most highly sensitive indicator of function (or dysfunction) in the body - the state of the **fascial-matrix connective tissue**. It is an easy-to-learn and an exceptionally accurate energetic testing method.

This Basic Course will include both lecture as well as workshop periods, so that participants will gain valuable practice time in order to be able to utilize MRT right away in their practices.

Energetic testing allows physicians and practitioners to more finely tune their treatments according to each patient's particular needs. **MRT** is especially invaluable in helping to further augment information gleaned from the history, examination, and laboratory findings, in order to more specifically diagnose and treat patients' individual health challenges.

**"This is a fabulous holographic diagnosis and treatment method, very useful for complex and challenging cases, that beautifully integrates multiple disciplines."**

**Jeanette Ryan, Chiropractic Physician**

# TOPICS TO BE COVERED IN THE BASIC COURSE

How to perform basic **Matrix Reflex Testing**: the **reflex arm length test**, the leg length and straight arm length measurements, the **EMF assessment**, and the “palm center online” therapy localization.

- How to recognize and treat **acute nutritional deficiency** (or excess) and the (very rare) need for a long-term heel lift.
- How to assess and clear abnormal patterns such as “**oscillation**” (~ switching), uneven arm length presentations (~ blocked regulation or 6-channel adaptation patterns), and **sympathicotonia** and **parasympathicotonia**, which undermine accurate analysis.
- During this course there will be demonstrations of how to utilize MRT which may include the diagnosis and treatment of the following:
  - **Dental, tonsil and other focal infections**
  - **Scar interference fields**
  - **Mercury amalgam toxicity and dental galvanism**
  - **Petrochemical toxicity**
  - **Major food allergies**
  - **Dental malocclusions, TMD, and more...**
- Treatments can include **neural therapy (infrared laser)**, **isopathy**, **cell salts**, **nutritional supplementation**, **spinal and cranial manipulation**, and more...

# 7 REASONS TO LEARN MATRIX REFLEX TESTING

1. **Easy to Use in Practice:** MRT is relatively easy-to-learn and an exceptionally valuable tool to use with patients who are difficult to muscle test.
2. **More Descriptive Answers:** Although it is a binary system like kinesiology that gives "yes/no" or "good/bad" answers, this method goes even further. By assessing *which* arm goes short – the right or the left (as well as *how* short), MRT additionally indicates *how* good, or in contrast, *how* bad, a particular product or therapy is testing.
3. **You Can't Treat What You Can't Diagnose:** MRT is able to determine disorganized and chaotic patterns in patients, such as "oscillation," and effectively clear these common presentations.
4. **Gets Past Initial Defense Mechanisms:** MRT, with its more sensitive reflex arm length test, is able to get to the underlying cause of many initial defensive presentations such as sympatheticotonia (muscle tone too strong and contracted) and parasympathicotonia (muscle tone too weak and flaccid), which other systems often fail to recognize.
5. **No EMF Stress:** Unlike electroacupuncture systems, MRT does not induce electromagnetic stress in the patient or the practitioner.
6. **Identifying "Crashing:"** Again, you can't treat what you can't diagnose. In MRT, practitioners are trained to recognize "crashing" – a loss of clarity during treatment that indicates the need for more information, nutritional support, or another type of therapy. After clearing the issue that caused the crash, the practitioner can then complete the original treatment, resulting in a much more thorough and effective treatment for the patient. (Note: It is the rare craniopath who can distinguish between a crash and a still point, yet this recognition is sine qua non for truly effective craniosacral therapy.)
7. **Self-testing** – Once you learn the basic MRT principles, you can easily test yourself for which nutritional supplements to take on a particular day, which products test good or bad in the health food store, which are your primary food allergies, and many other applications in life. Although this can also be done with a pendulum or the O-ring test, MRT is often more objective with its obvious right or left reflex arm length responses, the determination of how good or how bad something is testing, and the clear presence or absence of a positive palm center therapy localization which tells you if the system is "online" or not.

After using muscle testing for over a decade I find Matrix Reflex Testing simple, fast, accurate and comfortable for the patient. I highly recommend practitioners add this method to aid their differential diagnosis in order to ascertain the most precise and optimal forms of therapy. Louisa is one my early mentors and she has the gift of making this learning process fun and exceptionally valuable for your time and money spent.

– Dr. Nazanin Kimiai, Naturopathic Physician

## MRT COURSE LOGISTICS

### WHEN

**Course 1:** Sat., April 6, 2019 - 9:30 AM to 5:30 PM, Registration: 9:00 AM

**Course 2:** Sat., May 11, 2019 - 9:30 AM to 5:30 PM, Registration: 9:00 AM

### WHERE

AOMA, Graduate School of Integrative Medicine

4701 West Gate Blvd., Austin, TX 78745

Room: DoJo room

### FEES

Course 1: Sat., April 6, 2019 - \$175

Course 2: Sat., May 11, 2019 - \$175

Registration for both courses - \$325

### REGISTER [Course 1](#) and [Course 2](#)

### FAQ'S

1. The video recordings of these 2 courses will be available after each course. Follow the links to [Course 1](#) and [Course 2](#).
2. CE credits have been applied for with the Texas Board of Chiropractic Examiners.
3. Space is limited; please sign up as early as you can.