

**Workshop for Dentists:
Head and Neck Pain | TMJ Syndrome
April 24-25, 2020**

**Please fill out and fax form to:
513-956-3202**

Questions? Call Kim at the
Blatman Health and Wellness Center:
513-956-3200 ext 5

name

company

address

city

state zip

cell / home phone

office phone

Rates:

- | | |
|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Doctor (DDS, MD, DO)
\$1995 | <input type="checkbox"/> Massage therapist,
Physical therapist,
Allied health care
\$550 |
| <input type="checkbox"/> Pharmacist,
Chiropractor \$950 | <input type="checkbox"/> Needle instruction
\$1995 |
| <input type="checkbox"/> Naturopathic
Physician \$1995 | <input type="checkbox"/> Nurse/PA \$1590 |

Payment: Please make checks payable to
**Blatman Health and Wellness
Center** or by Credit Card:

Visa **Mastercard** exp. date _____

card number

name on card

signature

10653 Techwoods Circle, Suite 101
Cincinnati, OH 45242

BLATMAN
HEALTH AND WELLNESS CENTER



MYOFASCIAL PAIN TREATMENT SERIES

Head and Neck Pain TMJ Syndrome

Sponsored By
**International Academy of
Biologic Dentistry and Medicine**
April 24-25, 2020.

These workshops teach physical examination and treatment of patients with myofascial pain disorders. Myofascial head and neck pain includes TMJ syndromes, headache, neck pain, and pain from the upper back and shoulders. Treating this pain successfully will depend on detecting contributing injuries through time, and then directing and augmenting healing of fascia. Hal Blatman, M.D., mentored by the late Dr. Janet Travell, is the medical director and founder of the Blatman Health and Wellness Center. This nationally recognized holistic and integrative pain care center treats patients with various common and enigmatic pain disorders by restoring their biology and fascia. Dr. Blatman is a past president of the American Holistic Medical Association, and author of 'Winners' Guide to Pain Relief,' a text that makes myofascial pain understandable.



www.BlatmanHealthAndWellness.com

WORKSHOP INSTRUCTOR

Hal S. Blatman, MD, will be sharing his 30 years of experience as a physician, with a focus on integrative pain management. His background includes expertise in orthopedic medicine, integrative medicine, sports medicine, nutrition, craniosacral therapy, healing touch, neural therapy, herbal medicine, and ozone therapies.

Pain medicine is not what we were taught. This workshop teaches a different paradigm to understand injury, pain, and treatment that is 90% effective in making pain go away.

Dr. Blatman will share various techniques for injection therapies effective for pain of muscle and fascia injury. These will include techniques of prolotherapy, trigger point injection, neural therapy, prolozone, PRP, peptide, and stem cell therapies.

Dr Blatman will share information about augmenting healing that has brought relief to many patients who have suffered with many years of enigmatic pain.

What you will learn:

- Hands on physical examination/myofascial release techniques
- Use of medications, compounded and traditional
- Nutrition and pain
- Injection techniques by demonstration and hands-on
- Integrative, holistic, evidence based pain care
- Billing and re-imburement for your services
- How to duplicate Dr. Blatman's Medical Practice and Success in Reducing Pain!

Hotel Information:

Preferred Hotel –
Marriott Blue Ash
4625 Lake Forest Drive
Blue Ash, Ohio 45242
1-513-733-4334
King Bed Apr 23-26, 2020.
\$108/night
Room block until Thursday
April 2, 2020.

Transportation:

Cincinnati/Northern
Kentucky International
Airport (CVG)
Taxi or car to Hotel
Hotels within long walking
distance of Center
Shuttle service to workshop
by host and rented cars.

SCHEDULE

Friday, April 24

- 8:30-9:00 a.m. Registration
- 9:00-12:00 p.m. The morning workshop will start with an overview of myofascial head and neck pain and the important nuances of history taking for patients with myofascial pain and fibromyalgia. Cervical and TMJ related anatomy will be reviewed, interlaced with 'hands on' physical examination of neck, jaw, and related muscle and joint structures. Also, why do injections, and why use gas for injection?
- 11:45-12:45 p.m. Lunch with Questions and Answers
- 12:45-1:45 p.m. Infraspinatus Muscles - Examination and Injection techniques for head and neck pain
- 1:45-2:15 p.m. Masseter Muscle - Examination and Injection techniques
- 2:15-3:15 p.m. An Introduction to Nutrition and Pain
Hal Blatman, MD
- 3:15-3:30 p.m. Break
- 3:30-5:00 p.m. Upper Trapezius Muscles - Examination and Injection techniques for head and neck pain
- 5:00-7:00 p.m. Dinner
- 7:00-8:30 p.m. The evening workshop will be a relaxing 'hands on' experience of myofascial release techniques for cervical and TMJ related pain syndromes.

Saturday, April 25

- 8:30-9:00 a.m. Introduction to Stem Cell Therapies
Hal Blatman MD
- 9:00-9:30 a.m. Questions and Answers
- 9:30-10:30 a.m. Cervical Muscles – Injection Techniques
Hal Blatman, MD
- 10:30-11:30 a.m. TMJ Muscles – Injection Techniques"
Hal Blatman, MD

Instructors and times are subject to change without notice by the course director.

Saturday, April 25

- 12:00-1:00 p.m. Lunch
- 1:00-2:00 p.m. Suboccipital Muscle Injection techniques for head and neck pain
Hal Blatman, MD
- 2:00-3:00 p.m. TMJ Muscles – Injection Techniques
Hal Blatman, MD
- 3:00-4:00 p.m. Use and Preparation of Platelet-rich Plasma, and Stem Cells
Hal Blatman, MD
- 4:00-5:00 p.m. TMJ Muscles – Injjection Techniques
Hal Blatman, MD
- Questions and Answers
- 6:00 p.m. Adjourn

Target Audience:

MD's, DO's, DDS's, DC's, PT's, OT's, MST's, RPh's

Objectives: After participating in this activity, the dentist/physician should be able to:

- Diagnose head, neck and TMJ myofascial pain.
- Treat head, neck and TMJ myofascial pain.
- Describe and treat perpetuating factors for pain of head and neck.



Continuing Education Sponsored by:

International Academy of Biologic Dentistry and Medicine

AGD's PACE certified CEU's- depending on the hours the class lasts. Logo available online by googling AGD logo.

Dentists should claim credit commensurate with the extent of their participation in the activity.

Registration deadline is **April 13, 2020.**

Please call Kim McCutcheon at **513-956-3200 x5**, for registration information.

Registration Fee: \$550-\$1995 (see opposite side)

If you need special accommodations due to a disability, or for CME credit information, please contact Kim McCutcheon at **513-956-3200** by April 6, 2020.