



Airway Diagnosis and Jaw Redevelopment


Airway Mouth Doctor® (AMD) Basic Training with Dr. Felix Liao

As a biological dentist, do you still live with neck-shoulder-back pain, fatigue, high blood pressure, overweight, diabetes, sleep apnea, brain fog, jaw clenching, and/or teeth grinding?

How about your patients? In a 2021 ADA Survey, “more than 70% of dentist report an increase of patients experiencing teeth grinding and clenching.”

Teeth grinding is one frame in a movie called Airway Obstruction during Sleep, which had been rampant yet undiagnosed long before COVID. Hi, this is Dr. Felix Liao, a fellow IABDMer and author of 3 Amazon bestsellers on Impaired Mouth Syndrome: medical, dental, mental, and mood symptoms stemming from deficient jaws and skeletal malocclusion. Here’s my one line conclusion after trying nearly everything else as a biological dentist over 30 years:

Widening the airway by redeveloping jaws is by far the most powerful treatment a biological dentist can offer patients — without inhaling aerosols and breaking your neck bending over the patients!



AMD: Top of the Totem Pole

Hierarchy of Survival Reflexes = WholeHealth

- 1. Breathing**
- 2. Eating**
- 3. Vision**
- 4. Hearing**
- 5. Turning Head**
- 6. Digestion**
- 7. Reproduction**
- 8. Hunt and Gather**

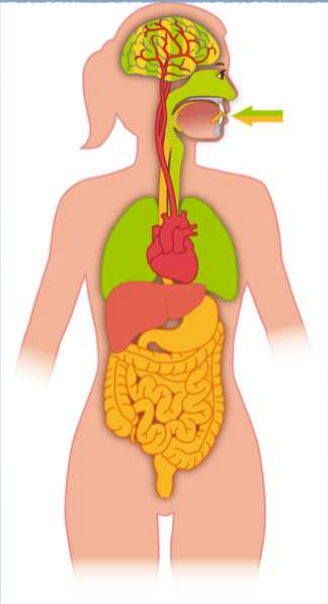


Figure 1: Chek's (1993) Totem Pole Hierarchy of Survival Reflexes
<http://dx.doi.org/10.1016/j.jbmt.2014.02.002>

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Airway rules, and oxygen is not optional. The only magic in healthcare comes from nightly

renewal from sleep without airway obstruction, eating healthier, and from being free of pain to fall asleep. An Airway-entered Mouth Doctor® (AMD) is atop of the healthcare totem pole, as the slide shows.

“A healthy mouth is more than healthy teeth.” Dr. David Satcher, US Surgeon General 2000.
You are already licensed to treat Impaired Mouth Syndrome. But dental schools and CE courses do not teach dentists how.

Every dental practice has an airway practice built in, just waiting for an AMD to take charge and reap rewards. Week after week, you have patients with wear facets and abfractions, post-nasal drip, snoring, chronic neck-shoulder-back pain, depression, anxiety, and fatigue, etc., just waiting for you to show up a an AMD to rescue them.

Whole body health suffers when the mouth is structurally off and mis-used to deal with stress. IABDM is proud to offer AMD Training to expand your menu of services to include airway redevelopment and pain mitigation to upgrade your dental patients' whole body health by mouth.

Impaired Mouth Syndrome Score

Mouth	Score	Body	Score
Snoring, morning dry mouth	0 1	Gasping or choking in sleep	0 1
Teeth grinding, jaw	0 1	Neck, shoulder, or back pain; headaches	0 1
Mouth breathing, chapped lips	0 1	Erectile dysfunction or PMS	0 1
Persistent/wandering dental sensitivity	0 1	High blood pressure, heart disease	0 1
Gum recession and/or redness	0 1	Diabetes type 2, bloating after meals	0 1
Clicking/locking jaw joints, zigzag jaw opening	0 1	Weight gain, pot belly; acid reflux	0 1
Morning headache and/or sore jaws	0 1	Daytime sleepiness, fatigue	0 1
Deep overbite or underbite (weak chin)	0 1	Senile memory, ADD/ADHD	0 1
Frequent cavities or broken/chipped teeth	0 1	Frequent colds, flu, and skin disorders	0 1
Teeth prints on the sides of the tongue	0 1	Obstructive sleep apnea from a sleep test	0 1
Bony outgrowth on palate or inside lower jaw	0 1	Stuffy/runny nose, scratchy/itchy throat	0 1
Sunken lips and reverse smile curve (sad)	0 1	Forward head: ears ahead of shoulders	0 1
History of teeth extractions for braces	0 1	Waking up to urinate more than once	0 1
Bulge under lower jaw, double chin	0 1	Large neck size (M>17, W>15)	0 1
History of lots of dental work + medical symptoms	0 1	Poor digestion and elimination	0 1
Malocclusion (crowded teeth)	0 1	Depression, anxiety, grouchiness	0 1
Total Score		Total Score	

www.HolisticMouthSolutions.com

Why AMD Training? AMD Training is a graduate-level course to turn a family/restorative dentist into a wellness doctor, which can bring you:

- Breakthrough outcome
- Higher income
- Lower stress and occupational hazards
- Children’s Optimal Dental-facial Development
- Viable path to get off “drill & fill” hamster wheel
- Unrivaled job satisfaction and career fulfillment

AMD Training is the only airway residency course that is

A. WholeHealth oriented, rather than brand appliance driven. AMD Training turns dentists into

- real mouth doctors first. Then you are are capable of deciding which appliance you prefer.
- B. Taught by an author of 3 books aimed at your patients to understand the need and value of your new services to increase case acceptance.
 - C. Proactive for your own total health and your patients' to head off oral contributions to chronic pain, fatigue, inflammatory and degenerative diseases.
 - D. Paid for with income from just 3 average cases: 90% of AMDs-in-Training agree that 90% of their patients suffer from Impaired Mouth Syndrome undiagnosed.

Your patients are turning blue just waiting for you to save them by taking AMD Training. Download Impaired Mouth Syndrome Score and give it to your recall patients for one month, and you will see how many airway and pain cases you already have.

Course Content, Return on Investment, & Registration information: Call or text Denise Neumann to register and get more information: 800-969-8035